

**Minutes**

<b>Committee Name:</b>	Consumer and Family Advisory Committee Meeting
<b>Date:</b>	Tuesday, March 9, 2010
<b>Time:</b>	5:30 pm
<b>Meeting Place:</b>	Morganton Community House, Morganton, NC
<b>Members Present:</b>	Chip Jones, Donna Hollar, Shirley Stapleton, Laurie Bradshaw, Lisa Allison, Maria Benfield, Hazel Peterson, Linda McCrary
<b>Members/Others Absent:</b>	Linda Pearson, Cynthia Houser, Sharon Williamson, Stephanie Schwartz, Vanessa Anderson
<b>Guests/Speaker/Others Present:</b>	Cathy Kocian, Josephine Benfield, Judy Dahlstrom, Sherry Clanton, Ryan Frye
<b>(Agenda Item #1)</b>	Welcome & Introduction
<i>Presenter:</i>	Chip Jones
<i>Action:</i>	Chip welcomed everyone to the meeting.
<b>(Agenda Item #2)</b>	Tuesday, November 10, 2009
<b>)Minutes:</b>	
<i>Action:</i>	Laurie Bradshaw
<i>Decision:</i>	Minutes were presented for approval. Linda made the first motion with Lisa seconding. The minutes were approved as read.
<b>(Agenda Item # 3)</b>	ACCESS Report- Second Quarter
<i>Presenter:</i>	Ryan Frye
<i>Information Presented:</i>	<p>Ryan explained that ACCESS was a telephone service to help people that call in and schedule appointments. Mobile Crisis actually went to the person and had first hand contact.</p> <p>Frye Regional Medical Center has hired 4 nurses in the emergency department to work with the mental health crisis that comes in. Grace Hospital calls their psychiatry department before calling Access. Ryan stated that hospitals have come a long way in managing mental health consumers.</p> <p>There is a discussion of using the Medical Director to train primary care physicians on mental health care.</p> <p>In the last 2 years mental health has lost a lot of the health care professionals and substance abuse counselors. Case management has been cut to 3 hours a month, but in July case management could expand with CABHA's. CMS has approved CABHA.</p>
<b>(Agenda Item #4)</b>	<b>Anti-Stigma Committee Report</b>

<i>Presenter:</i>	Donna Hollar
<i>Information Presented:</i>	This committee had a meeting prior to the CFAC meeting. We discussed a training that NAMI does called In Our Own Voice. The dates are May 14, 15, 16. Some are interested in attending. CVCC has a Social Diversity class and Donna reported she will check into this. The committee showed interest in doing PSA announcements. The next meeting for the group will be April 13, 2010, prior to the CFAC meeting.
<b>(Agenda Item # 5)</b>	<b>2009 LCFAC Survey Reports</b>
<i>Presenter:</i>	Judy Dahlstrom
<i>Information Presented:</i>	Judy handed out copies of compiled data for the LCFAC survey. MHP did precipitate in the survey.
<b>(Agenda Item #6)</b>	<b>NAMA Report on Involuntary Commitments</b>
<i>Presenter:</i>	Judy Dahlstrom
<i>Information Presented:</i>	NAMI published a report on Involuntary Commitments. This report shows the wait times before being committed. MHP will be sponsoring WRAP classes. Robert Cox will be presenting. Flyers were handed out. Mental Health Partners and Recovery Works are offering a workshop on WRAP (Wellness Recovery Action Plan) on Saturday April 17, 2010 in Hickory and in Morganton on April 24, 2010.
<b>(Agenda Item #7)</b>	<b>State Update</b>
<i>Presenter:</i>	Cathy Kocian
<i>Action:</i>	Openings are coming up on the SCFAC. Any consumer interested and has transportation to Raleigh is invited to apply. A handout was given explaining the Waiver Expansion for Medicaid. The State now has a suicide prevention hotline. Still waiting for approval on Peer Support.
<b>(Agenda # 8)</b>	<b>Open/Public Comments</b>
<i>Presenter:</i>	Chip Jones
<i>Presenter:</i>	Donna had old business. Suggested combining the anti stigma with the action plan. Donna commented on several things that had not been updated. Most have been completed. Will update.
<b>(Agenda #9)</b>	<b>Next Meeting</b>
	The meeting adjourned at 6:30pm with Shirley making the motion and Maria seconding.
<b>Adjournment:</b>	The meeting was adjourned @ 6:30 pm
<b>Next Meeting:</b>	April 13, 2010
<b>Respectfully Submitted By:</b>	Donna Hollar, Secretary; Sherry Clanton, Office Assistant III