

Minutes

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| Committee Name: | Consumer and Family Advisory Committee Meeting |
| Date: | September 8, 2009 |
| Time: | 5:30p.m. Dinner 6:00p.m. Meeting. |
| Meeting Place: | Morganton Community House |
| Members Present: | Hazel Peterson, Maria Benfield, Lisa Allison, Chip Jones, Linda McCrary, Shirley Stapleton, Sharon Williamson |
| Members/Others Absent: | Cynthia Houser, Linda Martin DeAngelo, Donna Hollar, Laurie Bradshaw |
| Guests/Speaker/Others Present: | Cathy Kocian, Josephine Benfield, Judy Dahlstrom, Sherry Clanton, Stephanie Norman, Becca Peele, Stephanie Schwartz |
| (Agenda Item #1) | Welcome and Introductions |
| <i>Presenter:</i> | Chip Jones |
| <i>Action:</i> | The meeting was called to order and everyone was welcomed. |
| (Agenda Item #2)Minutes: | Minutes April 14, 2009 |
| <i>Action:</i> | The minutes were presented for approval. |
| <i>Decision:</i> | Sharon Williamson made the motion to accept the minutes as read. Maria Benfield seconded the motion. Minutes were approved. |
| (Agenda Item # 3) | Mental Illness Awareness Week |
| <i>Presenter:</i> | Judy Dahlstrom |
| <i>Information Presented:</i> | <p>Judy introduced Becca Peele and Stephanie Norman to talk about a project that Becca is doing for school. This is a senior project that will have to be completed by December. Becca will be starting a support group for siblings of children with special needs. She is attending different group meetings to get the word out. This group is to help the siblings to cope with the daily stresses. It is a place where they can talk freely about their feelings.</p> <p>CFAC has offered to help with the group. The group is only in Burke County but as the word spreads it could expand to Catawba County. It was also suggested that siblings that have grown up with special needs siblings should attend for support and the talk about how they handled the situations that arose.</p> <p>Chip, Maria and Shirley will meet with Judy next week to start planning an activity for the week of October 4-10, 2009. Judy has written several PSA's that are being read on the radio now. Chip, Sharon, Hazel, Josephine, and Maria have volunteered to record short PSA's to be aired.</p> |
| (Agenda Item #4) | Relational Agreement |

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| <i>Presenter:</i> | Judy Dahlstrom |
| <i>Information Presented:</i> | <p>The Relational Agreement is renewed every year. Judy explained the responsibilities of CFAC. Nothing has changed from last year's agreement. Maria made a motion to accept with Sharon seconding. Motion approved.</p> <p>Stephanie Schwartz was presented as a candidate for CFAC. After a brief discussion, Sharon made to motion to accept with Linda McCrary seconding. Motion approved.</p> <p>Judy handed out a draft of a brochure on navigating the system. All members were asked to read the brochure and provide feedback before they were printed.</p> |
| (Agenda Item # 5) | New Business |
| <i>Presenter:</i> | Cathy Kocian |
| <i>Information Presented:</i> | Cathy handed out information on the Mental Health Planning Council. There will be openings on the council. The term is for 3 years. This can also be done tele-conference call. MHP may help pay mileage at least one way for monthly meetings. |
| (Agenda Item #6) | Open/Public Comments |
| <i>Presenter:</i> | Judy Dahlstrom |
| <i>Information Presented:</i> | <p>Chip made a call to CVBH to listen to the recording for Labor Day. He said that the recording stated that CVBH and Access were closed with out giving any phones numbers to call in case of emergency. While in this meeting Judy called and checked the message. The message was correct with the numbers to call after hours. Judy is going to check and get back with Chip.</p> <p>Sharon Williamson thanked everyone for their support during her term as co-chair.</p> <p>With no other business Sharon made the motion to adjourn with Maria seconding.</p> |
| Adjournment: | The meeting was adjourned @ 6:45 p.m. |
| Next Meeting: | October 13, 2009 with dinner at 5:30 P.M. regular meeting at 6:00 P.M. @ Morganton Community House |
| Respectfully Submitted By: | Sherry Clanton Office Assistant III |